

长江主题国家级旅游线路

National Select Yangtze River Tourist Routes

一、长江文明溯源之旅

I. Yangtze River Tour of Ancient Civilization

线路组成：四川（四川博物院，三星堆博物馆，金沙遗址博物馆，邛崃国家考古遗址公园等）—云南（云南省博物馆等）—重庆（重庆中国三峡博物馆，钓鱼城国家考古遗址公园等）—湖北（湖北省博物馆，武汉自然博物馆，荆州博物馆，屈家岭国家考古遗址公园等）—湖南（湖南博物院，城头山国家考古遗址公园，长沙铜官窑国家考古遗址公园，长沙简牍博物馆等）—江西（江西省博物馆，汉代海昏侯国国家考古遗址公园，景德镇中国陶瓷博物馆，御窑厂国家考古遗址公园等）—安徽（安徽博物院，明中都皇故城国家考古遗址公园，凌家滩国家考古遗址公园，寿春城遗址等）—江苏（南京博物院，六朝博物馆，鸿山国家考古遗址公园，阖闾城遗址博物馆等）—浙江（浙江省博物馆，中国丝绸博物馆，河姆渡遗址博物馆，良渚国家考古遗址公园等）—上海（上海博物馆，上海崧泽遗址博物馆，广富林文化遗址等）。

Route components: Sichuan (Sichuan Museum, Sanxingdui

Museum, Jinsha Site Museum, Qiong Kiln National Archaeological Site Park, etc.) - Yunnan (Yunnan Provincial Museum, etc.) - Chongqing (Chongqing China Three Gorges Museum, Diaoyu Fortress National Archaeological Site Park, etc.) - Hubei (Hubei Provincial Museum, Wuhan Natural History Museum, Jingzhou Museum, Qujialing National Archaeological Site Park, etc.) - Hunan (Hunan Museum, Chengtoushan National Archaeological Site Park, Changsha Tongguan Kiln National Archaeological Site Park, Changsha Jiandu Museum, etc.) - Jiangxi (Jiangxi Provincial Museum, National Archaeological Site Park of Han Dynasty Haihun Marquis, Jingdezhen China Ceramics Museum, Imperial Kiln National Archaeological Site Park, etc.) - Anhui (Anhui Museum, Ming Zhongdu Imperial City Ruins National Archaeological Site Park, Lingjiatan National Archaeological Site Park, Shouchun City Site, etc.) - Jiangsu (Nanjing Museum, The Oriental Metropolitan Museum, Hongshan National Archaeological Site Park, Helv Relics Museum, etc.) - Zhejiang (Zhejiang Provincial Museum, China National Silk Museum, Hemudu Site Museum, Liangzhu National Archaeological Site Park, etc.) - Shanghai (Shanghai Museum, Shanghai Songze Site

Museum, Guangfulin Relics Park, etc.)

线路简介：长江造就了从巴山蜀水到江南水乡的千年文脉，是中华民族的代表性符号和中华文明的标志性象征。该线路以三星堆博物馆、湖北省博物馆、良渚国家考古遗址公园等博物馆和标志性文化遗址为载体，集中展现源远流长、博大精深的长江文明，让人们在探寻长江文明起源、发展脉络和灿烂成就的过程中汲取精神滋养和前进力量。

Route overview: The Yangtze River, which has created a millennial cultural lineage stretching from West China to Southeast China geographically, is a signature of the Chinese nation and its civilization. The route, which features the Sanxingdui Museum, Hubei Provincial Museum, Liangzhu National Archaeological Site Park and other museums and iconic cultural sites, is a showcase of the long-standing and profound Yangtze River civilization. Through the route, tourists can draw inspiration and strength to move forward while exploring the origin, development and splendid achievements of the Yangtze River civilization.

二、长江世界遗产之旅

II. Yangtze River Tour of World Heritage Sites

线路组成：四川（九寨沟风景名胜区，黄龙风景名胜区，青城山-都江堰，峨眉山-乐山大佛，四川大熊猫栖息地等）—云南（云南三江并流保护区，丽江古城，澄江化石遗址，石林风景名胜区，红河哈尼梯田文化景观等）—贵州（梵净山，赤水风景名胜区，海龙屯，舞阳河风景名胜区等）—重庆（大足石刻，芙蓉江风景名胜区，金佛山风景名胜区，五里坡国家级自然保护区等）—湖北（武当山古建筑群，神农架，明显陵，唐崖土司城址等）—湖南（武陵源风景名胜区，崀山风景名胜区，老司城遗址等）—江西（庐山国家公园，三清山国家公园，龙虎山风景名胜区，龟峰风景名胜区等）—安徽（黄山，皖南古村落-西递、宏村等）—江苏（苏州古典园林，明孝陵，中国黄（渤）海候鸟栖息地（第一期）等）—浙江（杭州西湖文化景观，良渚古城遗址，江郎山风景名胜区等）。

Route components: Sichuan (Jiuzhaigou Valley Scenic and Historic Interest Area, Huanglong Scenic and Historic Interest Area, Mount Qingcheng and the Dujiangyan Irrigation System, Mount Emei and the Leshan Giant Buddha, Sichuan Giant Panda Sanctuaries, etc.) - Yunnan (Three Parallel Rivers of Yunnan Protected Areas, Old Town of Lijiang, Chengjiang Fossil Site, Shilin Scenic and Historic Interest Area, Cultural Landscape of Honghe Hani Rice Terraces, etc.) - Guizhou

(Mount Fanjing, Chishui Scenic and Historic Interest Area, Site of Hailongtun Tusi Fortress, Wuyang River Scenic and Historic Interest Area, etc.) - Chongqing (Dazu Rock Carvings, Furong River Scenic and Historic Interest Area, Mount Jinfo Scenic and Historic Interest Area, Wulipo National Nature Reserve, etc.) - Hubei (Ancient Building Complex in Wudang Mountains, Shennongjia Scenic Area, The Xianling Tomb of the Ming Dynasty, Tangya Tusi Fortress Site, etc.) - Hunan (Wulingyuan Scenic and Historic Interest Area, Mount Lang Scenic and Historic Interest Area, Laosicheng Site, etc.) - Jiangxi (Mount Lu National Park, Mount Sanqingshan National Park, Mount Longhu Scenic and Historic Interest Area, Mount Guifeng Scenic and Historic Interest Area, etc.) - Anhui (Mount Huangshan, Ancient Villages in Southern Anhui - Xidi Village and Hongcun Village, etc.) - Jiangsu (Classical Gardens of Suzhou, the Ming Tombs Scenic Area, Migratory Bird Sanctuaries along the Coast of Yellow Sea-Bohai Gulf of China (Phase I), etc.) - Zhejiang (West Lake Cultural Landscape of Hangzhou, Liangzhu Ancient City Site, Jiangle Mountain Scenic and Historic Interest Area, etc.)

线路简介：长江沿线拥有风光旖旎的自然景观和巧夺天工的

文化景观，为世界留下了无可替代的宝贵财富。该线路串联起九寨沟风景名胜区、丽江古城、黄山、苏州古典园林、杭州西湖文化景观等世界文化和自然遗产，形成集灵山秀水与深厚文化为一体的世界遗产旅游长廊，让旅游成为人们感悟中华文化、增强文化自信的过程。

Route overview: The Yangtze River's stunning natural landscape and ingenious cultural attractions are irreplaceable treasures to the world. The route, which features world cultural and natural heritage sites such as Jiuzhaigou Valley Scenic and Historic Interest Area, Old Town of Lijiang, Mount Huangshan, Classical Gardens of Suzhou and West Lake Cultural Landscape of Hangzhou, is a world paradise for heritage tourism integrating beautiful mountains and profound culture. Through the route, tourists can become more aware of Chinese culture and enhance their cultural confidence.

三、长江安澜见证之旅

III. Yangtze River Tour of Great Water Works

线路组成：四川（都江堰，东风堰，眉山通济堰等）—重庆（重庆白鹤梁水下博物馆，长寿湖旅游区，龙水湖风景区等）—湖北（三峡水利枢纽，葛洲坝水利枢纽，丹江口水库等）

—湖南（东江湖旅游区，紫鹊界梯田等）—江西（泰和槎滩陂，抚州千金陂，潦河灌区，上堡梯田等）—安徽（芍陂，渔梁坝，佛子岭水库等）—江苏（江都水利枢纽，兴化垛田灌排工程体系，里运河-高邮灌区等）—浙江（中国水利博物馆，丽水通济堰，诸暨桔槔井灌工程，宁波它山堰，龙游姜席堰，金华白沙溪三十六堰，松阳松古灌区等）—上海（松江生态水利风景区等）。

Route components: Sichuan (Dujiangyan Irrigation System, Dongfengyan Irrigation System, Meishan Tongjiyan Irrigation System, etc.) - Chongqing (Chongqing Baiheliang Underwater Museum, Changshou Lake Tourist Area, Longshui Lake Scenic Area, etc.) - Hubei (Three Gorges Dam, Gezhouba Dam, Danjiangkou Reservoir, etc.) - Hunan (Dongjiang Lake Tourist Area, Ziquejie Terraces, etc.) - Jiangxi (Chatanbei Irrigation System of Taihe, Qianjinbei Irrigation System of Fuzhou, Liao River Irrigation District, Shangbao Terraces, etc.) - Anhui (Quebei Irrigation System, Yuliangba Dam, Foziling Reservoir, etc.) - Jiangsu (Jiangdu Water Conservancy Hub, Xinghua Duotian Irrigation and Drainage System, Li Canal - Gaoyou Irrigation District, etc.) – Zhejiang (National Water Museum of China, Tongjiyan Irrigation System of Lishui, Zhuji Shadoof

Well Irrigation Project, Tashanyan Irrigation System of Ningbo, Jiangxiyan Irrigation System of Longyou, Baishaxi Sanshiliuyan Irrigation System of Jinhua, Songgu Irrigation District of Songyang, etc.) - Shanghai (Songjiang Ecological Water Conservancy Scenic Area, etc.)

线路简介：善治国者必善治水，兴国必先兴水。从两千多年前的都江堰到如今的“世纪工程”三峡水利枢纽，从激流险滩到高峡平湖，从水患频发到旱涝无虞、安居乐业，功在当代，利在千秋。该线路以长江沿线主要水利枢纽和世界灌溉工程遗产为载体，让人们走近三峡水利枢纽、都江堰等重大水利工程和治水实践，深刻体会流淌千年的治水智慧，见证长江安澜、百姓安居、生态优良的美好画卷。

Route overview: He who is good at ruling the country must be good at flood control, and the first priority for developing the country must be water conservancy. The great water works including the two thousand plus year-old Dujiangyan Irrigation System and the contemporary "Project of the Century" Three Gorges Dam, which prevent local residents from being overwhelmed by floods and droughts, are of great benefit to the generations today and the future. The route, which features major water conservancy hubs and world renowned irrigation

heritages along the Yangtze River, allows tourists to get acquainted with the Three Gorges Dam, Dujiangyan Irrigation System and other major water conservancy projects and their good practices for flood control, to gain a deep understanding of the wisdom of flood control that lasted for thousands of years, and to be a testimony to the peaceful, beautiful and eco-friendly Yangtze River where people live in harmony.

四、长江都市休闲之旅

IV. Yangtze River Tour of Urban Lifestyle

线路组成：成都（武侯祠·锦里，宽窄巷子，春熙路等）—昆明（昆明老街，南屏步行街，滇池风景区等）—贵阳（黔灵山公园，甲秀楼，天河潭风景区等）—重庆（大九街旅游休闲街区，磁器口街区，弹子石老街，洪崖洞民俗风貌区等）—武汉（黄鹤楼公园，黎黄陂路历史文化街区，江汉路及中山大道历史文化街区，昙华林历史文化街区等）—长沙（岳麓山·橘子洲旅游区，太平街，坡子街等）—南昌（滕王阁旅游区，万寿宫旅游休闲街区等）—合肥（淮河路步行街，罍街等）—南京（夫子庙步行街，梅园新村历史文化街区，长江路文化旅游集聚区等）—苏州（平江历史街区，李公堤旅游休闲街区等）—杭州（湖滨步行街，清河坊历史文化街区，桥西历史文化街区等）—绍兴（仓桥直街，书圣故里历史街区，

兰亭景区等) —上海 (武康路-安福路街区, 思南公馆街区, 愚园艺术生活街区等)。

Route components: Chengdu (Wuhou Shrine - Jinli Street, Kuanzhai Alley, Chunxi Road, etc.) - Kunming (Kunming Old Street, Nanping Pedestrian Street, Dianchi Scenic Area, etc.) - Guiyang (Qianling Mountain Park, Jiaxiu Tower, Tianhetan Scenic Area, etc.) - Chongqing (Dajiujie Street Tourist and Leisure Block, Ciqikou Block, Danzishi Old Street, Hongyadong Folklore Block, etc.) - Wuhan (Yellow Crane Tower Park, Lihuangpi Road Historical and Cultural Block, Jiangnan Road & Zhongshan Avenue Historical and Cultural Block, Tanhualin Historical and Cultural Block, etc.) - Changsha (Yuelu Mountain - Juzizhou Tourist Area, Taiping Street, Pozi Street, etc.) - Nanchang (Pavilion of Prince Teng Tourist Area, Wanshou Palace Tourist and Leisure Block, etc.) - Hefei (Huaihe Pedestrian Street, Leijie Street, etc.) - Nanjing (Fuzimiao Pedestrian Street, Meiyuan Xincun Historical and Cultural Block, Changjiang Road Cultural and Tourist Block, etc.) - Suzhou (Pingjiang Historical Block, Ligongdi Tourist and Leisure Block, etc.) - Hangzhou (Hubin Pedestrian Street, Qinghefang Historical and Cultural Block, Qiaoxi Historical and

Cultural Block, etc.) - Shaoxing (Cangqiaozhi Street, the Historic Block of Wang Xizhi the Sage of Calligraphy, Lanting Scenic Area, etc.) - Shanghai (Wukang Road - Anfu Road Block, Sinan Mansions Block, Yuyuan Art and Lifestyle Block, etc.)

线路简介：万里长江，奔流入海；千埠并起，因水而生。长江沿线城市积极实施城市更新行动，让城市与自然和谐共生，绘就山水人城和谐相融新画卷。该线路以成都、重庆、武汉、长沙、南京、杭州等长江沿线城市的休闲旅游节点为载体，让游客感受都市历史文化和现代生活的相融相生。

Route overview: The long Yangtze River empties into the sea and enables ports to thrive. The cities along the Yangtze River are actively involved in urban renewal initiatives, so as to coexist harmoniously with nature and create a new pattern in which mountains, waters, humans and cities are in harmony. The route, which features popular leisure tourist cities along the Yangtze River such as Chengdu, Chongqing, Wuhan, Changsha, Nanjing and Hangzhou, allows tourists to have an immersive experience of urban history, culture and modern lifestyle.

五、长江自然生态之旅

V. Yangtze River Tour of Natural Ecosystems

线路组成：四川（邛海旅游度假区，光雾山旅游景区，甘孜州海螺沟景区等）—云南（玉溪抚仙湖旅游度假区，文山丘北普者黑景区，香格里拉普达措景区等）—贵州（毕节市百里杜鹃景区，赤水河谷旅游度假区，乌江源百里画廊旅游区等）—重庆（小三峡-小小三峡生态旅游区，黑山谷景区，阿依河景区，酉阳桃花源景区等）—湖北（三峡人家风景区，长阳清江画廊景区，恩施大峡谷景区等）—湖南（酒埠江风景区，雪峰湖国家湿地公园，湘江源国家森林公园等）—江西（鄱阳湖景区，东江源国家湿地公园，三百山景区等）—安徽（太平湖风景区，焦岗湖景区，花亭湖旅游区等）—江苏（天目湖旅游度假区，沙家浜·虞山尚湖旅游区，姜堰溱湖旅游景区等）—浙江（杭州市西溪湿地旅游区，宁波市奉化溪口-滕头旅游景区，台州市神仙居景区等）—上海（崇明西沙国家湿地公园，吴淞炮台湾国家湿地公园，海湾国家森林公园等）。

Route components: Sichuan (Qionghai Tourist Resort, Guangwu Mountain Tourist Area, Hailuogou Scenic Area in Ganzi, etc.) - Yunnan (Fuxian Lake Tourist Resort in Yuxi, Qiubei Puzhehei Scenic Area in Wenshan, Pudacuo Scenic Area in Shangri-La, etc.) - Guizhou (Azalea Scenic Area in Baili, Chishui River Valley Tourist Resort, Baili Hualang Tourist Area in

Wujiangyuan, etc.) - Chongqing (Little Three Gorges - Tiny Three Gorges Ecotourism Area, Black Valley Scenic Area, Ayi River Scenic Area, Youyang Taohuayuan Scenic Area, etc.) - Hubei (Tribe of the Three Gorges Scenic Area, Qingjiang River Gallery Scenic Area in Changyang, Enshi Grand Canyon Scenic Area, etc.) - Hunan (Jiubu River Scenic Area, Xuefeng Lake National Wetland Park, Xiangjiangyuan National Forest Park, etc.) - Jiangxi (Poyang Lake Scenic Area, Dongjiangyuan National Wetland Park, Mount Sanbai Scenic Area, etc.) - Anhui (Taiping Lake Scenic Area, Jiaogang Lake Scenic Area, Huating Lake Tourist Area, etc.) - Jiangsu (Tianmu Lake Tourist Resort, Shajiabang - Yushan Shang Lake Tourist Area, Jiangyan Qinhu Tourist Area, etc.) - Zhejiang (Xixi Wetland Tourist Area in Hangzhou, Fenghua Xikou - Tengtou Tourist Area in Ningbo, Shexianju Scenic Area in Taizhou, etc.) - Shanghai (Xisha National Wetland Park in Chongming, Paotaiwan National Wetland Park in Wusong, Haiwan National Forest Park, etc.)

线路简介：满目千山绿，长江万里清。长江沿线群峰峻岭绵延，山原荒漠迢遥，森林草原苍莽，江湖湿地纵横，拥有庞大的河湖水系和独特完整的自然生态系统，是我国重要的生态宝库。近年来，长江沿线各地坚持“共抓大保护、不搞大开

发”，全面推进生态文明建设，长江沿线山河披绿、河湖向美，探索出一条生态优先、绿色发展新路子。让我们共同守护天蓝水清岸绿鱼丰的长江生态美景，打造人与自然和谐共生的文明画卷。

Route overview: The Yangtze River is crystal clear through its course with green mountains dotted along river banks. The Yangtze River is a great asset to China's ecosystems thanks to the continuous peaks and mountains, remote wildernesses, reckless forests and grasslands, and extensive rivers and lakes and wetlands, as well as unique and holistic natural ecosystems. In recent years, local governments along the Yangtze River basin have insisted on "pooling great efforts to protect the river rather than overdevelop it in large scale", in a bid to promote ecological progress in all aspects. In result, the Yangtze River basin has seen greener mountains, clearer rivers and lakes, and thus a new pathway of putting ecological progress the priority while pursuing green development has been created. Let's work together to protect the eco-friendly Yangtze River, a basin with blue sky and clear water, green banks and abundant fish, and where people and nature can live in harmony.

六、长江风景揽胜之旅

VI. Yangtze River Tour of Scenic Areas

线路组成: 四川 (阆中古城旅游区, 剑门蜀道剑门关旅游区, 稻城亚丁旅游景区等) — 云南 (玉龙雪山景区, 崇圣寺三塔文化旅游区等) — 贵州 (花溪青岩古镇景区, 镇远古城旅游景区等) — 重庆 (白帝城·瞿塘峡景区, 四面山景区, 濯水景区等) — 湖北 (东湖景区, 三峡大坝-屈原故里旅游区, 神农溪纤夫文化旅游区, 三国赤壁古战场景区等) — 湖南 (衡山旅游区, 岳阳楼-君山岛景区, 武陵源-天门山旅游区, 常德桃花源旅游区等) — 江西 (明月山旅游区, 武功山景区, 庐山西海景区等) — 安徽 (九华山风景区, 天柱山风景区, 天堂寨旅游景区, 古徽州文化旅游区等) — 江苏 (苏州市吴中太湖旅游区, 南京市夫子庙-秦淮风光带景区, 瘦西湖风景区, 无锡市鼋头渚景区等) — 浙江 (普陀山风景区, 千岛湖风景区, 乌镇古镇旅游区, 天一阁·月湖景区等) — 上海 (东方明珠广播电视塔等)。

Route components: Sichuan (Langzhong Ancient City Tourist Area, Jianmen Pass Tourist Area, Yading Tourist Area in Daocheng, etc.) - Yunnan (Jade Dragon Snow Mountain Scenic Area, Chongsheng Temple Three-Pagodas Cultural Tourism Area, etc.) - Guizhou (Qingyan Ancient Town Scenic Area in

Huaxi, Zhenyuan Ancient City Tourist Area, etc.) - Chongqing (Baidi City - Qutang Gorge Scenic Area, Simian Mountain Scenic Area, Zhuoshui Scenic Area, etc.) - Hubei (East Lake Scenic Area, Three Gorges Dam - Qu Yuan's Hometown Tourist Area, Shennong Stream Slender Culture Tourist Area, Three Kingdoms Tourist Area, etc.) Three Gorges Dam - Qu Yuan's hometown tourist area, Shennong Stream Cultural Tourism Area, Three-Kingdoms Chibi Ancient Battlefield Scenic Area, etc.) - Hunan (Mount Heng Tourist Area, Yueyang Tower - Junshan Island Scenic Area, Wulingyuan - Tianmen Mountain Tourist Area, Taohuayuan Tourist Area in Changde, etc.) - Jiangxi (Mingyue Mountain Tourist Area, Wugong Mountain Scenic Area, Lushan Xihai Lake Scenic Area, etc.) - Anhui (Jiuhua Mountain Scenic Area, Tianzhu Mountain Scenic Area, Tiantangzhai Tourist Area, Ancient Huizhou Cultural Tourism Area, etc.) - Jiangsu (Wuzhong Taihu Lake Tourist Area in Suzhou, Fuzimiao - Qinhuai Scenic Area in Nanjing, Slender West Lake Scenic Area, Yuantouzhu Scenic Area in Wuxi, etc.) - Zhejiang (Putuo Mountain Scenic Area, Qiandao Lake Scenic Area, Wuzhen Ancient Town Tourist Area, Tianyi Pavilion - Yue Lake Scenic Area, etc.) - Shanghai (Oriental Pearl Tower, etc.)

线路简介：长江沿线是我国具有全球影响力的自然山水和人文旅游资源的主要集聚区，玉龙雪山、衡山、九华山等名山荟萃，东湖、太湖、千岛湖等秀水竞流，山水相映、江湖交融，描绘出一幅千姿百态、异彩纷呈的山水画卷。该线路以长江沿线国家 5A 级旅游景区为载体，让人们在领略自然之美中感悟文化之美、陶冶心灵之美。

Route overview: The Yangtze River basin, a major hub of natural landscape and cultural tourism resources with global reach in China, features famous mountains such as Jade Dragon Snow Mountain, Mount Heng and Mount Jiuhua, and beautiful waters such as East Lake, Taihu Lake and Qiandao Lake, making it a great landscape painting with a wide variety of styles and colors. The route, which features numerous China national 5A-rated tourist attractions along the Yangtze River, allows tourists to discover the beauty of nature and culture while getting relaxed mentally.

七、长江乡村振兴之旅

VII. Yangtze River Tour of Villages

线路组成：四川（成都市蒲江县甘溪镇明月村，成都市郫都区唐昌街道战旗村，宜宾市翠屏区李庄镇高桥村等）—云南

(昆明市宜良县九乡彝族回族乡麦地冲村, 丽江市玉龙纳西族自治县白沙镇玉湖村, 红河哈尼族彝族自治州元阳县新街镇阿者科村等) — 贵州 (遵义市播州区枫香镇花茂村, 铜仁市江口县太平镇云舍村, 黔东南苗族侗族自治州台江县老屯乡长滩村等) — 重庆 (巫山县竹贤乡下庄村, 石柱土家族自治县中益乡华溪村, 巫溪县红池坝镇茶山村等) — 湖北 (荆州市石首市桃花山镇李花山村, 黄冈市蕲春县檀林镇雾云山村, 宜昌市夷陵区太平溪镇许家冲村等) — 湖南 (湘西土家族苗族自治州花垣县双龙镇十八洞村, 郴州市汝城县文明瑶族乡沙洲瑶族村, 湘潭市韶山市银田镇银田村等) — 江西 (上饶市婺源县江湾镇栗木坑村, 上饶市婺源县赋春镇源头村, 赣州市大余县黄龙镇大龙村等) — 安徽 (合肥市庐江县汤池镇百花村, 滁州市凤阳县小溪河镇小岗村, 宣城市泾县桃花潭镇查济村等) — 江苏 (南京市江宁区江宁街道黄龙岷茶文化村, 无锡市宜兴市湖汊镇洑西村, 南通市海门区常乐镇颐生村等) — 浙江 (杭州市淳安县枫树岭镇下姜村, 湖州市长兴县水口乡顾渚村, 湖州市安吉县天荒坪镇余村等) — 上海 (金山区山阳镇渔业村, 奉贤区青村镇吴房村, 崇明区竖新镇仙桥村等)。

Route components: Sichuan (Mingyue Village, Ganxi Town, Pujiang County, Chengdu; Zhanqi Village, Tangchang

Sub-district, Pidu District, Chengdu; Gaoqiao Village, Lizhuang Town, Cuiping District, Yibin City, etc.) - Yunnan (Maidichong Village, Jiuxiang Yi and Hui Township, Yiliang County, Kunming; Yuhu Village, Baisha Town, Yulong Naxi Autonomous County, Lijiang City; Azheke Village, Xinjie Town, Yuanyang County, Honghe Hani and Yi Autonomous Prefecture, etc.) - Guizhou (Huamao Village, Fengxiang Town, Bozhou District, Zunyi City; Yunshe Village, Taiping Town, Jiangkou County, Tongren City; Changtan Village, Laotun Township, Taijiang County, Qiandongnan Miao and Dong Autonomous Prefecture, etc.) - Chongqing (Xiazhuang Village, Zhuxian Township, Wushan County; Huaxi Village, Zhongyi Town, Shizhu Tujia Autonomous County; Chashan Village, Hongchiba Town, Wuxi County, etc.) – Hubei (Lihuashan Village, Taohuashan Town, Shishou City, Jingzhou City; Wuyunshan Village, Tanlin Town, Qichun County, Huanggang City; Xujiachong Village, Taipingxi Town, Yiling District, Yichang City, etc.) - Hunan (Shibadong Village, Shuanglong Town, Huayuan County, Xiangxi Tujia and Miao Autonomous Prefecture; Shazhou Yao Village, Wenming Yao Township, Rucheng County, Chenzhou City; Yintian Village, Yintian Town,

Shaoshan City, Xiangtan City, etc.) - Jiangxi (Limukeng Village, Jiangwan Town, Wuyuan County, Shangrao City; Yuantou Village, Fuchun Town, Wuyuan County, Shangrao City; Dalong Village, Huanglong Town, Dayu County, Ganzhou City, etc.) - Anhui (Baihua Village, Tangchi Town, Lujiang County, Hefei City; Xiaogang Village, Xiaoxihe Town, Fengyang County, Chuzhou City; Chaji Village, Taohuatan Town, Jing County, Xuancheng City, etc.) - Jiangsu (Huanglong Xian-Tea Culture Village, Jiangning Sub-district, Jiangning District, Nanjing City; Fuxi Village, Hufu Town, Yixing City, Wuxi City; Yisheng Village, Changle Town, Haimen District, Nantong City, etc.) - Zhejiang (Xiajiang Village, Fengshuling Town, Chun'an County, Hangzhou City; Guzhu Village, Shuikou Township, Changxing County, Huzhou City; Yucun Village, Tianhuangping Town, Anji County, Huzhou City, etc.) - Shanghai (Yuye Village, Shanyang Town, Jinshan District; Wufang Village, Qingcun Town, Fengxian District; Xianqiao Village, Shuxian Town, Chongming District, etc.)

线路简介：雄浑壮阔七千里，通络润滋亿万家。千百年来，万里长江泽被南北两岸，哺育滋养了大大小小的村庄。进入新时代，生态治理、产业升级，两岸村落开启乡村振兴新篇

章，焕发出新的生机与活力，大江南北，景美人和。该线路串联起长江沿线具有代表性的全国乡村旅游重点村，让游客近距离体验长江沿线美丽乡村的独特魅力，感受水乡田园的悠闲惬意与乡村振兴的重大成就。

Route overview: The majestic and magnificent Yangtze River nourishes the Chinese nation through its 7,000-km course. For thousands of years, the Yangtze River has nurtured and nourished countless villages on both the north and south banks. Thanks to the efforts of environmental governance and industrial upgrading in the new era, the villages along the Yangtze River have turned on a new chapter of rural revitalization with new vitality and vigor. The route, which features a string of typical national key villages for rural tourism along the Yangtze River, allows tourists to explore the unique charm of the beautiful villages, the relaxing watery rural areas and the significant achievements of rural revitalization.

八、长江非遗体验之旅

VIII. Yangtze River Tour of Intangible Cultural Heritage

线路组成：羌族文化生态保护区—迪庆民族文化生态保护实验区—大理文化生态保护区—黔东南民族文化生态保护区

—武陵山区（渝东南）土家族苗族文化生态保护实验区—武陵山区（鄂西南）土家族苗族文化生态保护实验区—武陵山区（湘西）土家族苗族文化生态保护区—客家文化（赣南）生态保护实验区—景德镇陶瓷文化生态保护实验区—徽州文化生态保护区。

Route components: Qiang Cultural Ecological Reserve - Diqing Ethnic Cultural Ecological Conservation Experimental Zone - Dali Cultural Ecological Reserve - Qiandongnan Ethnic Cultural Ecological Reserve - Wuling Mountains (southeast of Chongqing) Tujia and Miao Cultural Ecological Conservation Experimental Zone - Wuling Mountains (southwest of Hubei) Tujia and Miao Cultural Ecological Conservation Experimental Zone - Wuling Mountains (west of Hunan) Tujia and Miao Cultural Ecological Reserve- Hakka Culture (south of Jiangxi) Ecological Conservation Experimental Zone - Jingdezhen Ceramic Cultural Ecological Conservation Experimental Zone - Huizhou Cultural Ecological Reserve

线路简介：大江两岸，非遗荟萃。长江沿线丰富的非物质文化遗产，如珍宝般闪烁在绿水青山间，是长江文明绵延传承的生动见证。近年来，长江沿线非物质文化遗产不断实现创造性转化和创新性发展，不断将非遗之美清晰完整地呈现在

人们面前，在守正创新中绽放出时代光彩。该线路以长江沿线文化生态保护（实验）区为载体，吸引着更多人走近非遗、认识非遗、热爱非遗，感受长江非遗在新时代焕发的活力与魅力。

Route overview: The Yangtze River basin is home to a wealth of intangible cultural heritage sites. The intangible cultural heritage sites along the Yangtze River, which shine like gems amidst the lucid waters and green mountains, are a true testimony to the long-lasting heritages of Yangtze civilization. Great efforts have been made in recent years to ensure the creative translation and innovative development of intangible cultural heritage sites along the Yangtze River, to showcase the heritages' aesthetic beauty in a transparent and holistic manner, and to bring them to life through upholding fundamental principles and breaking new ground. The route, which features the Cultural and Ecological Conservation (Experimental) Zone along the Yangtze River, allows a greater number of tourists to get a closer look at intangible cultural heritage sites, get a better understanding of heritages and show greater passion, as well as to discover why the Yangtze River intangible cultural heritage sites have become so vibrant and attractive in the new era.

九、长江瑰丽地貌之旅

IX. Yangtze River Tour of Amazing Landforms

线路组成：四川（兴文世界地质公园，光雾山-诺水河世界地质公园，自贡世界地质公园等）—云南（大理苍山世界地质公园，石林世界地质公园等）—贵州（织金洞世界地质公园等）—湖北（黄冈大别山世界地质公园，神农架世界地质公园等）—湖南（湘西世界地质公园，张家界世界地质公园等）—江西（三清山世界地质公园，龙虎山世界地质公园，庐山世界地质公园等）—安徽（黄山世界地质公园，天柱山世界地质公园，九华山世界地质公园等）—浙江（雁荡山世界地质公园等）。

Route components: Sichuan (Xingwen Global Geopark, Guangwu Mountain - Nuoshui River Global Geopark, Zigong Global Geopark, etc.) - Yunnan (Cangshan Global Geopark in Dali, Shilin Global Geopark, etc.) - Guizhou (Zhijin Cave Global Geopark, etc.) - Hubei (Dabie Mountain Global Geopark in Huanggang, Shennongjia Global Geopark, etc.) - Hunan (Xiangxi Global Geopark, Zhangjiajie Global Geopark, etc.) - Jiangxi (Sanqing Mountain Global Geopark, Longhu Mountain Global Geopark, Lu Mountain Global Geopark, etc.) - Anhui (Huang Mountain Global Geopark, Tianzhu Mountain Global

Geopark, Jiuhua Mountain Global Geopark, etc.) - Zhejiang (Yandang Mountain Global Geopark, etc.)

线路简介：长江发源于“世界屋脊”青藏高原的唐古拉山脉，自西向东流经云贵高原、四川盆地、长江中下游平原四大地形区，地跨中国地貌三大阶梯，沿途有高山、峡谷、湖泊、平原等各种景观类型，地面高差悬殊、地貌类型多样。该线路串联苍山、神农架、张家界、天柱山、雁荡山等世界地质公园，游客可领略长江沿线亘古造化的地质遗产和鬼斧神工的地貌奇观，探寻亿万年来地球演变历程和生命演化奥秘。

Route overview: The Yangtze River, which originates from the Tanggula Mountains on the Qinghai-Tibet Plateau, the "roof of the world", flows from west to east through four major topographic regions: the Yunnan-Guizhou Plateau, the Sichuan Basin, and the Middle-Lower Yangtze Plain, spans three major staircase-type terrains of the Chinese landforms, and features various landscape types such as mountains, canyons, lakes, and plains along the course, with a dramatic difference in ground height and a variety of landform types. The route, which features a string of UNESCO global geoparks such as Mount Cangshan, Shennongjia, Zhangjiajie, Tianzhu Mountain and Yandang Mountain, allows tourists to explore the geological

heritage and geomorphological wonders along the Yangtze River
as well as the evolution of the earth and the mysteries of lives
over hundreds of millions of years